



A Moment's Passage



Aging is about letting go and receiving the future.

We know that all things come to an end. Imagine a happy moment with your child as she speaks to you of her excitement for her coming freshman year away at college. She sits in front of you and beams with joy, "I have worked so hard for this and now it is almost here."

You smile, your eyes meet; she has been seen, acknowledged. The phone rings, someone answers it, the moment has passed. For all practical purposes that joyful



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moment is dead and now only lives on in your memory. This passage of life is simply part of a greater cycle.

The phone call brings new life and new possibility. It is her friends calling, and they are stopping by later and plan to walk for ice cream.

You rise from the table and begin the dishes.

Image Search "Ready for College." Courtesy of: [Surface](#) [@surface](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.