



A Woman of Peace



When will the war disappear?

A woman of peace is not a pacifist,
a woman of peace is simply a pool of quietness.
She pulsates a new kind of energy into the world,
She sings a new song.
She lives in a totally new way.

Her very way of life is that of grace, that of prayer, that of compassion. Whomsoever she touches, she creates more love-energy.



DR. TIMOTHY DUKES

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The woman of peace is creative.
She is not against war,
because to be against anything is to be at war.
She is not against war, she simply understands why war exists.
And out of that understanding she becomes peaceful.
Only when there are many people who are pools of peace,
quietness, and understanding,
will the war disappear...

Sarah Sugatt, 2/13/03

Image courtesy of: [Gabrielle Henderson](#) [@gabriellefaithhenderson](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.