



Basket of Peppers



Looking for the sweet one.

One day, not so long ago, in a not-so-distant location, the wisest and perhaps the most curious of students was looking for the great Mulla, Nasrudin. The old man was nowhere to be found and the students, all seasoned individuals were waiting for class to begin. As the wisest of student searched the University, looking for the teacher, she had the idea to head to the ancient kitchens located in the lowest of underground rooms. She descended the stairs of stone, cold and dark.

When she entered the room where all the vegetables are stored, potatoes, carrots, apples, and such, she saw the old man hunched over a basket of peppers. To his right, there was a pile, a rather large pile, of half-eaten hot peppers. When she observed the Mulla she saw that he would pick up a pepper, take a bite and then toss the remainder on



the pile. As she looked closer, she could see that his lips were red, burning red, and his eyes were tearing, nose running, an altogether miserable sight.

Finally, being one of the brighter students she asked, “teacher, what are you doing?” “You are sitting there, biting hot, hot peppers, crying, and making yourself miserable. What are you doing?”

The teacher responds, “Oh my dear, I am looking for the sweet one.”

Interpretation

If you are going to search, make sure that you search in the right place.

Image (search “Basket of Peppers”) courtesy of: [Tanushree Rao](#) [@tanushreerao](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.