



Bicycle Repair Man



Sometimes when you, your relationship, your family, or organization is out of alignment, all that is necessary is a few adjustments in the right place, at the right time, by someone who knows what they are doing.

I remember the time, as a boy, when I had this bicycle with a wobbly wheel. Everywhere I went my journey was difficult. The front wheel of my bicycle rotated seemingly with a will of its own. First to the right and then to the left as I would careen down the road.



When I had finally earned enough money to take care of the problem, twenty-five cents as I recall, I zigged and zagged across the boulevard to the garage of old Mr. Oberwagner. As I approached his driveway, there he sat smoking his cigar; open from 2 to 5pm each day in time to catch the after-school traffic of kids just like me, in need of an adjustment, a repair, a replacement or an over-hall.

I remember this as though it were happening today. After surveying the problem, he grunts and says, "there is a solution!" To my amazement and surprise, he states that a simple adjustment is all that is required to address this seemingly incomprehensible problem.

He walks over to his bright red toolbox. He lifts the lid and takes in hand the tiniest of tools. His "spoke adjuster," as he calls it. With two, three, perhaps four simple turns of the spokes, right at the hub of the wheel, the outer rim groans into alignment. Then one more tap, a little bit of oil, and he sends me on my way. The wheel now turns true. And I am heading home."

Image courtesy of: [Alessandra Caretto](#) [@alessandracaretto](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.