

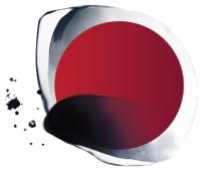


## Big Tough Samurai



Teach me about heaven and hell?

“A big, tough samurai once went to see a little monk. “Monk,” he barked, in a voice accustomed to instant obedience, “teach me about heaven and hell!” The monk looked up at the mighty warrior and replied with utter disdain, “**Teach you about heaven and hell?** I couldn’t teach you about anything. You’re dumb. You’re dirty. You’re a disgrace, an embarrassment to the samurai class. Get out of my sight. I can’t stand you.” The samurai got furious. He shook, red in the face, speechless with rage. He pulled out his sword and prepared to slay the monk. Looking straight into the samurai’s eyes, the monk said softly, “That’s hell.” The samurai froze, realizing the compassion of the monk who had risked his



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life to show him hell! He put down his sword and fell to his knees, filled with gratitude. The monk said softly, “And that’s heaven.”

### Reference:

Kofman, Fred (2007-05-01). *Conscious Business: How to Build Value through Values* (p. 28). Sounds True. Kindle Edition.

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*The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.*