



Listening



To what is trying to happen.

I work with leaders, people who have a position of responsibility to other people. I find that they are influenced by one common factor: *what they are seeking to accomplish in their life, is also seeking them.*

They have a felt sense that they are on a mission and that they will find a way through the obstacles. These leaders are not necessarily religious or "spiritual." However, life constantly refreshes their understanding of purpose.

I am thinking of a brilliant entrepreneurial, marketing guy with a high school education who unexpectedly lost his business partner. He had always imagined that they would grow their business together; his keen sense of people, relationships, and the industry combined with her financial and managerial talents.

What they were seeking to accomplish in their life, was also seeking them.



Unexpectedly, all of this changed. Suddenly, he was left alone to pursue their dreams. After an initial setback, he began to make the necessary adjustments to reinvent himself. He was able to understand his shortcomings; there were certain things he did not do well. He learned to ask for help and to seek guidance in these areas. He also never lost sight of the vision he and his partner shared.

He leveraged his ability to trust and to seek insight. He would often tell me, "I know, if I listen, I will achieve what we have set out to accomplish." The future, he realized, was always just outside of this moment, pressing itself into existence. How he listened and received this "future" was a conscious act.

A typical leader carries an attitude of "trying to make it happen." In our work, this man oriented his actions around a process of, ***"listening to what is trying to happen."***

Quote

When you surrender, the problem ceases to exist. Try to solve it, or conquer it, and you only set up more resistance. I am very certain now that... if I truly become what I wish to be, the burden will fall away. The most difficult thing to admit, and to realize with one's whole being, is that you alone control nothing. To be able to put yourself in tune or rhythm with the forces beyond, which are the truly operative ones, that is the task — and the solution, if we can speak of "solutions."

— Henry Miller, *A Literate Passion: Letters of Anaïs Nin & Henry Miller, 1932-1953*

Image (search "Listening") courtesy of: [Simon Hurry](#) [@bullterriere](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today's brilliance successfully transitions into tomorrow's wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.