



Strength



Your ability to be vulnerable.

Times have changed and measuring yourself in terms of your physical prowess relegates you into becoming a caricature of who a man used to be as a father.

Today, your strength rests in your vulnerability and the willingness to manage the conflicting and confusing demands for your fatherhood whether at home or work.

- Strength used to be measured in pounds, now it is measured in depth of perception.



- Strength used to mean power over, now it is power through connection.
- Strength used to be mastery over feelings, now it signals an ability to manage complex emotions.
- Strength used to be determined by “I think, therefore I am.” Now it is more accurate to realize “I feel, therefore I am.”
- Strength used to be an indication of an ability to dominate; today it is about connection, management, and relationship.

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The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.