



Why are we here?



I am here because of you.

“Walking one evening along a deserted road, Mulla Nasrudin saw a troop of horsemen coming towards him. His imagination started to work; he saw himself captured and sold as a slave or impressed into the army.

Nasrudin bolted, climbed a wall into a graveyard, and lay down in an open tomb.

Puzzled at his strange behavior, the men – honest travelers – followed him.



They found him stretched out, tense and quivering.

‘What are you doing in that grave? We saw you run away. Can we help you?’

‘Just because you can ask a question does not mean that there is a straightforward answer to it,’ said the Mulla, who now realized what had happened.

‘It all depends upon your viewpoint. If you must know, however; **I am here because of you,** and you are here because of me.” (p. 2)

Reference

Shah, Indries. (1983). *The exploits of the Incomparable Mulla Nasrudin*. London: The Octagon Press.

Image (search “Courage”) courtesy of: [Joel Heard](#) [@kazheard](#)

The Tim Dukes Method provides an opportunity for self-reflective individuals to cultivate the capacity to receive into consciousness hidden aspects of the self, claiming your unique gifts – ensuring that today’s brilliance successfully transitions into tomorrow’s wisdom. The Tim Dukes Method is designed and implemented by Dr. Timothy Dukes for determined creatives to ensure long-term viability — as a continuing investment in the well-being of yourself, family, organizations, culture, society, and the Earth itself.